

# Home Emergency Plan Partner Toolkit

 [@readyscotland](https://twitter.com/readyscotland)

 [ready.scot](https://www.ready.scot)



# Introduction

Ready Scotland's aim is to make Scotland more resilient to emergencies. We recommend that all households build a small 'emergency kit' as part of their home emergency plan.

We appreciate your support in sharing our messages on the importance of creating an emergency kit, and what to include in it.

This toolkit provides assets and suggested captions for you to use and share on your social media channels. You will also find our home emergency plan template and emergency kit checklist available to download as a PDF or print.

# Home Emergency Plan

We have recently updated our home emergency plan template, along with a new checklist to help people understand what to include in their home emergency kits.

Both have been designed to be downloaded or printed off, kept in a safe place and referred to when needed.

[You can download in PDF format here.](#)

 **Are you prepared?**

A home emergency kit is one of the best ways to deal with the unexpected

**Light** 

- Torch
- Batteries

**Communication** 

- Mobile phone (make sure it is fully charged)
- Radio

**Health** 

- First Aid Kit
- Medicine
- Blankets/warm clothes
- Toiletries

**Food/drink** 

- Ready to eat food
- Baby food/pet supplies
- Bottled water

**Your important items** 

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For more suggestions for your emergency kit, see [ready.scot](#)

 **Home Emergency Plan**

The best way to deal with the unexpected is to be prepared.  
Download or print this off, fill it in and keep it safe so you have what you need and can act quickly.

 If it is not safe to go out then:  
**Go indoors** and close all windows and doors  
**Stay indoors**  
**Stay up to date** using radio, TV or online

If there is no power, an FM radio powered by battery, solar or wind-up will keep you informed, including car radios.  
Write down your radio station FM frequencies in advance too.

 If you have to leave home, have an agreed meeting place in advance and consider a local community hub if there is one.  
Family meeting place: .....  
Community hub: .....

Take your emergency items in a waterproof bag.

 **Important numbers**

Emergency services: <b>999</b>	Non-Emergency: <b>101</b>
NHS24: <b>111</b>	Floodline Scotland: <b>0345 988 1188</b>
Loss of power: <b>105</b>	Gas emergencies: <b>0800 111 999</b>
Scottish Water: <b>0800 077 8778</b>	

**YOUR important numbers**  
e.g. childcare, insurance, doctors, vets etc.  
.....  
.....

 Once you know you and your family are safe, look out for vulnerable neighbours.

For more advice check [ready.scot](#)

# Social Assets

We have created x5 social media assets and suggested captions.

All social media posts direct users to [ready.scot](https://www.ready.scot) for further information.

Each of the social media assets have been scaled for Facebook/Instagram and Twitter. You can see examples of them in this toolkit, and they are available to download below.

- [Download social media assets \(PNG\)](#)

# Asset 1

## Caption:

Emergencies can happen at any time and without warning. ⚠️

But we can all take steps to make sure our households are prepared.

Download our home emergency plan template and emergency kit checklist to get started ↓

[ready.scot/prepare/emergency-kit](https://ready.scot/prepare/emergency-kit).



# Asset 2

## Caption:

Does your family have an emergency plan?

You should:

- ✓ Write down your important contacts
- ✓ Agree a meeting place in advance, should you need to leave home
- ✓ Keep your plan in a safe place

For more advice, check

[ready.scot/prepare/emergency-plan](https://www.ready.scot/prepare/emergency-plan).



Do you  
have a **home  
emergency  
plan** prepared?



# Asset 3

## Caption:

A home emergency kit is one of the best ways to deal with the unexpected.

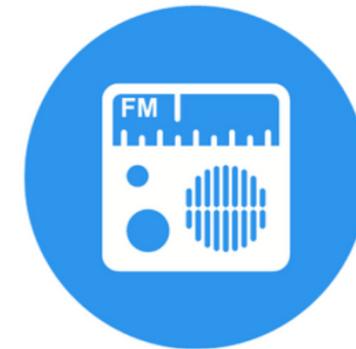
Make sure to include:

- Food and water
- Blankets and warm clothes
- A First Aid Kit

For more suggestions for your emergency kit, see [ready.scot/prepare/emergency-kit](https://www.ready.scot/prepare/emergency-kit).



# What's in your home emergency kit?



# Asset 4

## Caption:

Make sure you and your household are safe in the event of an emergency:

- Write a home emergency plan in advance
- Build an emergency kit
- Keep both in a safe place

For more advice, check [ready.scot/prepare/emergency-kit](https://www.ready.scot/prepare/emergency-kit).



**A home  
emergency kit is  
one of the best  
ways to deal with  
the unexpected**



# Asset 5

## Caption:

Do you have a home emergency kit prepared?

It will help you and your loved ones know what to do in case of an emergency.

For tips on how to build your kit, visit [ready.scot/prepare/emergency-kit](https://www.ready.scot/prepare/emergency-kit).



**Be prepared:  
pack a home  
emergency kit**



# Thank you

Please feel free to use and adapt the messages contained in this toolkit.

You can also follow @ReadyScotland on Twitter and Facebook and share our content directly.

If you have any questions about the content of this toolkit, contact the Resilience Communications team at SGoRRCommunications@gov.scot.