FAMILY ACTION PLAN!

Do you know how to help your family cope in an emergency? Fill this plan out with someone you live with, and learn how.

If it is not safe to be outside, you should: **GO IN** (go indoors and close all windows and doors), **STAY IN** (stay indoors), **TUNE IN** (to local radio, TV or the internet,)

**Important Telephone Numbers:**
With someone at home, write down other important numbers:

- Schools/colleges:
- Carers/childminder:
- Work Contact:
- Doctor:
- Insurance:
- Local authority:
- Other:

**Meeting place 1**
(Near Home)

**Meeting place 2**
(Further away)

If you have to leave your home, get out, stay out, and try to stay together. Think of two meeting places: one should be near home and one further away in case you can’t get home.

**Pack an Emergency Kit!** – Make sure someone at home helps with this. What do you think the top 10 things to pack are?

- Battery ______ with spare batteries, or a _______torch
- First ______ kit
- Important documents like ________ certificates and ___________ policies
- Bottled ______ and ready-to-eat _______ that won’t go off. Pack a can opener if needed
- ____________
- ____________
- ____________
- ____________
- ____________
- ____________

(Answers: torch, wind-up, aid, birth, insurance, water, food, house, car, glasses, medicine, paper, supplies)

For the emergency services, dial 999 To find out more go to Readyscotland.org