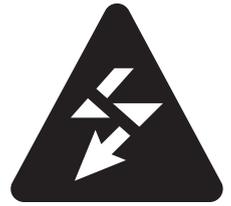
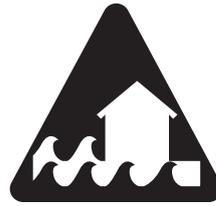
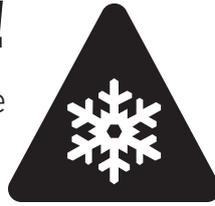
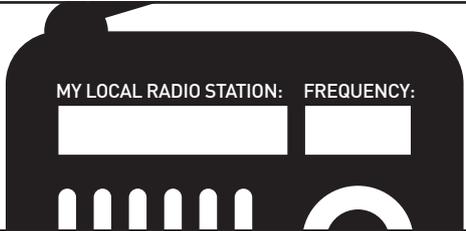


FAMILY ACTION PLAN!

Do you know how to help your family cope in an emergency? Fill this plan out with someone you live with, and learn how.



If it is not safe to be outside, you should: **GO IN** (go indoors and close all windows and doors), **STAY IN** (stay indoors), **TUNE IN** (to local radio, TV or the internet,)



If you have to leave your home, get out, stay out, and try to stay together. Think of two meeting places: one should be near home and one further away in case you can't get home.

Pick a friend or relative who lives outside your area and call them to let them know you are safe.

If it is safe, you can check any neighbours who might need a hand.

Friend's Name: _____

Telephone Number: _____

Important Telephone Numbers:
With someone at home, write down other important numbers:

Schools/colleges: _____

Carers/childminder: _____

Work Contact: _____

Doctor: _____

Insurance: _____

Local authority: _____

Other: _____

Meeting place 1
(Near Home)

Meeting place 2
(Further away)

If you have to leave your home, and there's time to get them safely, what other things could you need?

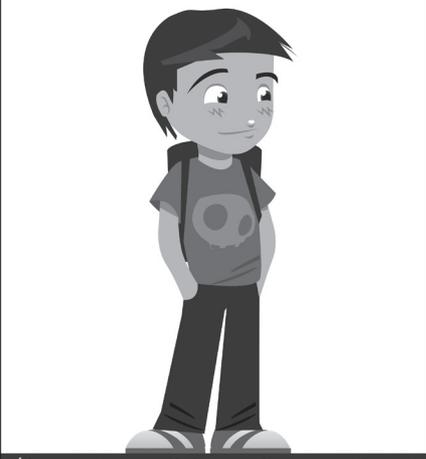
- ✓ Essential _____
- ✓ Mobile _____ and charger
- ✓ _____ and credit _____
- ✓ Spare _____ and blankets
- ✓ Games, _____, a special toy
- ✓ Your _____ animals

Pack an Emergency Kit! – Make sure someone at home helps with this. What do you think the top 10 things to pack are?

- ✓ Battery _____ with spare batteries, or a _____ torch
- ✓ Spare keys to your _____ and _____
- ✓ First _____ kit
- ✓ Spare _____ or contact lenses
- ✓ Important documents like _____ certificates and _____ policies
- ✓ Toiletries and details of important _____
- ✓ Bottled _____ and ready-to-eat _____ that won't go off.
- ✓ Pencil and _____, penknife, whistle
- Pack a can opener if needed
- ✓ Pet _____



[Answers: torch, wind-up, aid, birth, insurance, water, food, house, car, glasses, medicine, paper, supplies]



[Answers: medicines, phone, cash, cards, clothes, books, pet]